

2023-2024 GOLD STAR LACROSSE Club Program Description

YOUTH 3rd-8th Grade (YOG 2033-2028)

Cost (Installment plans available):

\$1150 Field Players, \$700 Goalies

Included: All practices (FALL, WINTER, SPRING & SUMMER), uniform pinnie and shorts, coaching, field space, administrative fees

Not Included: Tournaments (\$75-\$180/tournament), clinics, leagues, extra clothing and gear, US Lacrosse Membership - all players are required to have an up-to-date membership for insurance purposes

FALL PRACTICES

Outdoor: Medway High School

Indoor: The Park, Milford

3rd-6th Grade practice together & 7/8th Grade practice together

2-3 Goalie-specific practice time slots

Times TBD

	DATES
1	SATURDAY 9/9
2	SUNDAY 9/17
3	SATURDAY 9/23
4	SATURDAY 9/30
5	SATURDAY 10/7
6	SATURDAY 10/21
7	SUNDAY 10/29
8	THURSDAY 11/2 @ The Park
9	THURSDAY 11/9 @ The Park
10	TUESDAY 11/14 @ The Park

FALL TOURNAMENTS

All tournaments are a la carte

Possible Fall Tournament Offerings

Date	Tournament	Location
SUNDAY 10/1	Lax Fall Jam 7 v 7	East Windsor CT
SATURDAY 10/14	Love 2 Lax 12 v 12	Lancaster MA
SATURDAY 11/4	New England Showcase 12 v 12	Wilbraham, MA

WINTER PRACTICES

Indoor: The Park, Milford

New this year:

- 3rd-5th practice together, 6/7th practice together alternating T/Th (typically 6-8pm)
- 8th will practice with the HS group on Sundays (typically 10-12pm or 12-2pm)

2-3 Goalie-specific practice time slots

Official dates and times TBD

DATE	GRADE
TUESDAY 11/28	3RD-5TH
THURSDAY 11/30	6/7TH
SUNDAY 12/3	8/9TH
TUESDAY 12/5	6/7TH
THURSDAY 12/7	3RD-5TH
SUNDAY 12/10	8/9TH
TUESDAY 12/12	3RD-5TH
THURSDAY 12/14	6/7TH
SUNDAY 12/17	8/9TH
TUESDAY 1/2	6/7TH

THURSDAY 1/4	3RD-5TH
SUNDAY 1/7	8/9TH
TUESDAY 1/9	3RD-5TH
THURSDAY 1/11	6/7TH
SUNDAY 1/21	8/9TH
TUESDAY 1/23	6/7TH
THURSDAY 1/25	3RD-5TH
SUNDAY 1/28	8/9TH
TUESDAY 1/30	3RD-5TH
THURSDAY 2/1	6/7TH
SUNDAY 2/4	8/9TH
TUESDAY 2/6	6/7TH
THURSDAY 2/8	3RD-5TH
SUNDAY 2/25	8/9TH
TUESDAY 2/27	3RD-5TH
THURSDAY 2/29	6/7TH
SUNDAY 3/3	8/9TH
SUNDAY 3/10	8/9TH
TUESDAY 3/12	3RD-5TH & 6/7TH

WINTER TOURNAMENTS

All tournaments are a la carte

Possible Winter Tournament Offerings

Date	Tournament	Location
MONDAY 1/15 MLK DAY	All Elite 7 v 7	Forekicks Marlborough
SATURDAY 2/10	Boston Strong 7 v 7	Forekicks Taunton

SPRING PRACTICES

Outdoor: Medway High School
4 Sunday early evening practices
2 Sundays in April and 2 Sundays in May
Dates & Times TBD

SPRING LEAGUE

All games are a la carte
Youth spring league with Mass Elite, LXC, and GSE
Forekicks Marlborough, Union Point
Saturdays in April and May

SUMMER PRACTICES

Outdoor: Medway High School
8-10 Weeknight Practices between June and July
2-3 Goalie-specific practice time slots
Dates & Times TBD

SUMMER TOURNAMENTS

All tournaments are a la carte
2-4 Tournament Offerings between June and July
Past Tournaments: Heart & Hustle, NEI, Xtreme Lax, Summer Sizzle